



# Monastery and the Marketplace

**1 – 3<sup>rd</sup> March 2019 at  
Kopua Monastery**



The most important word in the title of this retreat is the word *'and'*. As fewer people are joining the 'desert mothers and fathers' of the first few centuries in caves or monasteries, more people are keen to find that 'cave within our hearts' and a retreat at Kopua Monastery offers that opportunity. Benedict still has much to teach us today as do the many others such as Merton and Finley who spent time as monks.

During this weekend retreat we will engage in contemplative practices to open us up to the fresh wisdom of modern monasticism and to the stillness, silence and spaciousness of the monastic rhythm of the Southern Star Abbey.

**Venue:** Kopua Monastery, Southern Star Abbey, Takapau

**Dates:** 7pm Friday to 2pm Sunday

**Full fee:** \$230

**Participants:** There are 8 spaces and 10 if you're willing to share a room

**Facilitator:** Pip Nicholls      [www.thegentleartofknowing.co.nz](http://www.thegentleartofknowing.co.nz)

**Further Information/registration by the 15.2.19 to:** [pip.nicholls@xtra.co.nz](mailto:pip.nicholls@xtra.co.nz)