

FIVE-DAY INDIVIDUALLY GUIDED RETREAT



**5pm Sunday 14th July
to 2.00pm 19th July 2020**

A silent individual retreat is a welcomed opportunity to take time away from the responsibilities of everyday life so you can regather and refresh yourself, rekindle your relationship with that that means the most to you, and if a transition is approaching, consider it more clearly. There will be space to rest, pray, play, read, exercise, explore nature, relax and have an hour each day with a spiritual companion. These retreats are made in silence and there is optional compline each evening.

Spiritual Companion: Pip Nicholls www.thegentleartofknowing.co.nz

Venue: Mercy Spirituality Centre, 104 The Drive, Epsom, Auckland.

Fee: \$530 (before 3 Aug) \$570 after that (includes \$60 non-refundable deposit)

Registrations to Mercy Centre on: (09) 638 6238 or info@mercyspiritualitycentre.org.nz