

Coming Home to who we Are...

12th to the 13th August 2017



How do we hold in our hand the epic nature of the cosmos and the episodic nature of our life? Traditionally in all cultures it's been through storytelling - truth telling through myth, parable, legend and fable. During this weekend retreat we'll turn to the great myths and smaller parables to sweep the dust from our path so that the way Home is clearer through getting to know deeper the Hero within our own story. As Joy says the 'mystical path is from our head to our heart, the menu to the meal'.

There will be times of storytelling, deep listening, silent prayer/meditation, personal reflection, ritual, rest, silence and refreshment.

Facilitators: Pip Nicholls and Joy Cowley

Venue: Our Lady's Home of Compassion

Dates: Saturday 12th August 10am to 3pm on 13th August 2017

Fee: Residential: \$200 and non-residential \$145 which includes lunches and dinner

Registration by the 22nd July to: 04 383 7769 or islandbay@compassion.org.nz